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Foundations of writing

Professional Genre

Problem Statement:

It seems that the media is at fault for negatively influencing young girls, causing them to become unhealthy promoting Anorexia Nervosa and Bulimia Nervosa disorder. Although, that statement is just an assumption, is the media to blame or is it our society’s fault for obtaining what the media produces? In this article I will explore this issue while offering solutions to how things may negatively influence young girls.

Anorexia nervosa and bulimia nervosa are better known as just anorexia and bulimia disorder. They are two different but very common types of eating disorders. They both are very extreme ways to reach ones unhealthy weight loss goals. Anorexia is the lack of consuming the proper amounts of food; victims eat very little until they stop eating in all. Bulimia is the occurrences of secretly eating extreme amounts of foods followed by inappropriate methods of weight control (Stöppler). The Health and Social Care Information Centre has stated in the year 2012 that hospital admissions for eating disorders were on arise (York). With the percentage of about 20, eating disorders rank the highest for mortality rates for any mental illness (York).

Lit Review

Some researchers have suggested that the fashion designers, models, singers, actors and other celebrities are at fault for uncovering the world of eating disorders. Young girls can also access the internet for pro-anorexic cites that provide support for managing an unhealthy weight (York). It is believed that seeing incredibly thin models used every day promotes the wrong idea to young girls. These models advertise all hottest trends and styles swaying young girls to believe that they have to acquire that same body image. Even American’s favorite doll is a negative influence. It has been estimated that Mattel’s Barbie doll is selling two dolls per second (Kalodner 2). However research finds that if Barbie were an actual person she would be five feet nine inches, and 110 pounds, with the body mass index of 16.2 (Kalodner 2). Any body mass index of fewer than 18.5 is considered to be underweight.

Other examples are Karl Lagerfeld, head designer and creative director for Chanel, did an interview exceedingly defending thin models. Instead of just giving admiration to thinner models he insulted the people who are concerned about them. Lagerfeld made many impolite comments one being "dreams and illusions, and no one wants to see round women," (Hintz5). Other designers like Marc Jacobs, unapologetically includes underage models that seem to suffer from eating disorders in his collection (Givhan).

Proposal Response

This evidence does prove that they media does use inappropriate methods to showcase things. However, As a society how do we allow these things to influence our young girls? Where are these influential young girls self-confidence? Are they being taught right from wrong? Lastly, why aren’t they taught that eating disorders are a huge wrong?

In order to address the question of does the media negatively influence young girls into the direction of anorexia and bulimia, I will draw on a new idea. The media may contribute to young girls seeking weight loss and a better body image. However anorexia and bulimia are more than just a type of weight loss they are serious psychological illnesses that do not just come from the media. To prove this I will disuses how there are many figures in the media take the disorders as serious issues, and lastly I will discuss the morals and standards for young girls in our society.

Works Cited

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